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DIYPES PROJECT National Dissemination Meetings



DIYPES is a two-year Erasmus+ Sport project started in 01/2017 with the aim of finding a participative approach to increase participation and engagement of high school students in physical education and sport classes. After two years of implementation in 5 partner countries Albania, Italy, Malta, Romania and Slovakia the project achieved beneficial results based on partner national PE curriculum research and analysis, intervention activities and feedbacks on both good practices and challenges. During January and February 2019, a **DIYPES project National Dissemination Meeting** was organised in each partner country to sum up the project's results and to introduce its good practices to the project's participants and stakeholders of each country. The meetings were also aimed at discussions among students, PE teachers and stakeholders, on how to tackle the current limitations in PE delivery and present sports activities in the most favorable way.

Partners:



THE FIRST DISSEMINATION MEETING



Date: 07/12/2018

Venue: University of Sport Tirana

Participants: Representative of the students and PE teachers of the schools where is implemented the project; Sports University representatives; other stakeholders as: FIEP Albania, International federation of Physical Education, National Olympic Committee of Albania, and School Sport Federation.

The first dissemination meeting was organized in national level in Sports University of Tirana. The meeting presented the project and its implementation, underlined some first results and discussed issues at political level. The discussions mentioned that the new curricula based on competences as a content is well developed but on the implementation aspect it is still very difficult considering the lack of infrastructure, needed more investment from the state budget and at the same time a bigger support from the local government. The protocol of student evaluation was very bureaucratic consisting a variety of documents including: class and personal registration and the learning portfolio which needs to be reviewed; The lack of sport equipment and school text regarding health component; Obligatory anthropometric measurements of the students considering that they don't know their weight and height but the most important is the usance of these data for the development of PES classes and the exercise of physical activity; sport school federations must be active and in compliance with the definition of its function mentioned by law; PES teacher formation and training; the linkage of pre-university curricula and university curricula important on PES teacher formation and at the same time continuous professional development of the teachers based on the their needs.

THE SECOND DISSEMINATION MEETING

Date: 28/02/2019

Venue: Sali Nivica School, Memaliaj

Participants: Representative of the students and PE teachers of the schools where is implemented the project; other PE teachers on the Tepelena District, parents of the student's; teacher of schools in other subjects representing form regional education office in Tepelena.



The second dissemination meeting was organized at regional level. The topics discussed were not at policy level, but mostly in practical level, school and regional development based, including how to increase students' participation in PES classes and develop physical activities through other teachers' engagement, reflecting subjects have a cross-curricular character; how the community can be involved through the project "the school as community center" after school programs organizing sport activities and contributing on sport equipment; how social activities can be organized through sport and vice versa; regional sport development e.g. swimming and marching in nature; organizing more often sport competition between classes and schools; evaluating the methodology intervention as "best practice" and how can be implemented in regional level in all the schools considering that schools have the same problems.

Italy

The National Research Council (CNR)



Date: 26/02/2019

Venue: The National Research Council of Italy (CNR), Rome

Participants: Representative students and PE teachers from the high schools of Rome Cavour, Domizia Lucilla and Orazio, policy makers and other stakeholders, for a total of 90 participants.

The Italian DIYPES dissemination meeting was organized in collaboration with the Ministry of Education, Universities and Research (MIUR), contextualizing the specific DIYPES topic within a wider reflection on the relationship between the official curriculum – expressed through formal documents - and the implemented curriculum - what is actually put in place at classroom level. The day was divided in two sessions. In the morning CNR-DIYPES and MIUR representatives, plus other speakers, shared considerations related to the introduction of innovations in the official curriculum, including DIYPES; in the afternoon 5 work tables were set up in order to foster an exchange of views between teachers of various subjects, students, policy makers and other stakeholders on methodologies and social actors needed to introduce innovations also from an interdisciplinary point of view, considering related challenges, and on the key competences to be developed in the students. One of the tables was focused on DIYPES follow up, with teachers and students who took part to the project and further stakeholders. Specifically, the debate concerned the main positive and negative aspect of PE teaching in Italy and how DIYPES had an impact at school level; main competences promoted in the students by the participation to the project and challenges and problems faced while conducting DIYPES activities; DIYPES sustainability and scaling up.

Malta

Foundation for the Promotion of Social Inclusion in Malta (FOPSIM)



Date: 30/01/2019

Venue: English Communication School (ECS), Sliema, Malta

Participants: Representative students and PE teachers from St Edward's College, St Theresa College Secondary School, Mriehel and St Thomas More College, Middle & Secondary School, Zejtun, and Stakeholders.

Opening the event, Mr. Kevin Azzopardi, Malta Physical Education Officer and Mr. Pierre Brincat, Director of the Malta Women's National Football Association updated the audience on the ongoing programs of physical education in Malta and keenly shared their experiences and perspectives in engaging young people to an active life and sports in general.

All DIYPES project activities and results were summed up and followed up by engaging discussions and debates with PE teachers through a Strengths-Weaknesses-Opportunities-Threats (SWOT) analysis of physical education in Malta.

All the students also participated in a presentation competition featuring their ideas for a favorable active life and their recommendations.

The event opened the door to an easygoing communication channel for PE teachers in the 3 high schools and stakeholders to exchange good practices, to discuss challenges in the country's physical education curriculum and to share opportunities and resources to tackle those challenges.

Romania

Babeş-Bolyai University (BBU)



Date: 13/02/2019

Venue: Cluj School of Public Health, Cluj-Napoca, Romania

Participants: Representative students and PE teachers from “Eugen Pora” High-School and “George Coşbuc” High-School, policy makers and other stakeholders, project staff and local&national media – in total 23 participants.

The Romanian dissemination meeting had two major parts. In the first part, the participants discussed the importance of physical activity and physical education and sports in schools. In this context, they debated the changes in the official curriculum and their effect on students' behavior regarding physical activity. Also, in the first part, DIYPES project objectives, activities, results were presented.

The second part was focused on the innovative approaches to reforming physical education. Having as a reference the entire process of DIYPES project, the participants discussed the opportunities and also the challenges of such approaches. Moreover, they debated on solutions that can help in overcoming the challenges and on possible facilitators. The presence of stakeholders with different types of expertise, offered a broader view on the topic, more ideas and different perspectives on addressing the challenges identified.

The meeting was a successful networking opportunity and a step forward in the process of raising awareness of the most relevant categories of stakeholders in regards to changes needed in PES curriculum in Romania.

Slovakia

Constantine the Philosopher University in Nitra- Faculty of Education (CPU)



Date: 27/02/2019

Venue: The Constantine the Philosopher University in Nitra, Faculty of Education, Department of Physical Education & Sport

Participants: 30 including teachers, students, school inspectors, university staff, P.E. & Sport specialists, and representatives of State School Inspection, CPU - Faculty of Education, Department of Physical Education, Spojená škola Nitra, Gymnázium Golianova, Gymnázium Šurany, Faculty of Sports in Prešov, and Faculty of Physical Education and Sport in Bratislava.

The agenda included welcoming and introduction by the project leaders, presentation of the objectives fulfilment and results, good practices, national data accompanied by videos and graphic displays. Teachers and students addressed strong/positive aspects of the project and challenges of PES delivery. Students and teachers from schools involved in the project positively evaluated the results and expressed their hope that the results will be sustainable. Through implementing new teaching styles and methods the motivation of teachers and students rapidly increased. The changes proved that new innovative methodology and attitudes are really important. The set of good practices could be used for not only the Ministry of Education in Slovakia but also for all partners' countries to develop their understanding of lessons of PES for high school students.